

West Seneca Community Education

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SUMMER 2025

Welcome to the SUMMER 2025 Semester at West Seneca Community Education. We are so very excited with our new offerings this year. If you are looking to try something new, you are looking in the right place! You may find an interest that will last a lifetime! Make friends, have fun, learn a skill, try out a career, or make an heirloom to pass down...you'll find what YOU need *right here* – so register on-line or call TODAY! Courses fill up fast, so do not miss YOUR chance to sign up.

If you have a hobby, interest, or skill YOU would like to teach, let us know! We would love to have YOU as part of our instructional staff and can help you get started. Contact me to find out more.

Stephanie Wright, Director

swright@wscschools.org

Building Locations

Allendale Elementary 1399 Orchard Park Rd

Clinton Elementary 4100 Clinton St

Northwood Elementary 250 Northwood Ave

West Elementary 1397 Orchard Park Rd

Winchester-Potters Elementary 675 Potters Rd

East Middle 1445 Center Rd

West Middle 395 Center Rd

East Senior 4760 Seneca St

West Senior 3330 Seneca St

District Offices 900 Mill Rd



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HEALTH & WELLNESS

YOGA FOR 55+

Kathryn Zawadzki

Need to improve your balance, flexibility, concentration, sleep, or learn to deal better with stress and anxiety? In the Yoga for 55+ class you will learn exercises that can improve all the above, and you will also learn systematic relaxation at the end of each session. Location: 4184 Seneca St. (Miranda Dance) *No Gold Card discount.

(HEW-001) TUES June 10 – July 29 1:00 PM – 2:00 PM 8 Classes: \$111 Location: 4184 Seneca St. (Miranda Dance)

KIDS & TEENS

ART EXPLORER CAMPS

Kimberly Strell

Join us for a morning of arts, crafts, and fun! Students taking both classes may bring a snack for in between. Smocks are encouraged. Please drop-off and pick-up students at Door #17 in the bus loop on the side of the building. \$15 lab fee for each class covers all supplies.

PAINTING ON CANVAS

Ages 6-11. Learn and improve your drawing/painting skills by practice and demonstration. You will learn different techniques while painting with acrylic paint on canvas. A new painting will be done each class.

(CRF-001)

MON – THURS July 7 - 10 8:00 – 10:00 AM 4 Classes: \$60 *Lab Fee: \$15 for supplies paid directly to the instructor.* Bldg.: Northwood Elementary/Room 111

CRAFTS/MIXED MEDIA PROJECTS

Ages 6-11. Create imaginative art projects using a variety of art materials and methods. Learn to use or create weaving, clay, tissue/cut paper projects; make puppets, hats, greeting cards, mobiles, bookmarks and more!

(CRF-002)

MON - THURS July 7 - 10 10:30 – 12:30 PM 4 Classes: \$60 *Lab Fee: \$15 for supplies paid directly to the instructor.* Bldg.: Northwood Elementary/Room 111

Sports

A medical exam is recommended for anyone taking courses involving physical activity; all programs taken at the participant's own risk. Waivers are required of all participants.

KidsPlay, Tim & Tricia Hirschbeck, Directors

KidsPlay is a group of experienced teachers that work with public and private schools to coordinate quality instructional sports programs to children ages 3 to 13. See specific program for age groups. All players must be of age by the first scheduled class.

Questions? Call/text Tim Hirschbeck at 480-2374.

NFL Flag Football League (outdoor)

NFL Flag is an excellent alternative to full contact, full equipment, "6 nights a week" youth football leagues. The game is non-contact football with primary emphasis on the development of passing, receiving, and running and coverage skills. Games are played 5-on-5 with modified rules to heighten skill development and assure equal playing time for all players. NFL Flag is not a highly competitive program. The game is strictly "no contact" with primary emphasis placed on skill development, learning, and having fun playing football. Players meet for 75 minutes each week – a 35-40 minute training session followed by a 40 minute game against another KidsPlay team. KidsPlay coaches coordinate all practices and games with 4-8 parent coaches providing assistance during training sessions. A reversible NFL team-oriented football jersey and flag belt is included in the fee.

(KID-008) Developmental Conference, Ages 5-7 MON July 7 – August 11 5:30 – 6:45 pm 6 Classes: \$115 Bldg.: West Elementary/Field

(KID-007) American Conference, Ages 7-11 MON July 7 – August 11 6:45 – 8:00 pm 6 Classes: \$115 Bldg.: West Elementary/Field

Level I Outdoor Soccer

Ages 4 – 6. Soccer is an ideal sport for young players. The game is easy to learn, contains constant activity, and provides plenty of opportunity for players to run and learn skills. KidsPlay hosts small-sided games and scrimmages allowing for plenty of touches on the ball. Even at introductory levels, our coaches are adamant about teaching basic support and teamwork. The philosophy of Level 1 Soccer stresses skill development and learning in a fun and friendly atmosphere. Half

of each class is devoted to fun instructional training/games with the remaining half devoted to scrimmage. Two KidsPlay coaches teach a maximum of 18-20 players in each class.

(KID-009)

THURS July 10 – August 14 5:30 – 6:30 PM 6 Classes: \$81 Bldg.: East Middle/front field

U-8 Outdoor Soccer

Ages 6 - 8. Designed for both veteran and inexperienced players, the U8 Developmental program hosts weekly training/game sessions led by veteran KidsPlay coaches. All training and games are designed to be fun and challenging for any young player with a strong interest in improving their skills and understanding of how team soccer works. Players meet once each week for a 30-45 minute training session followed immediately by a 5 v. 5 game that

lasts 35-45 minutes. KidsPlay does not rely on volunteer coaches. All game and practice sessions are coordinated by at least 2 KidsPlay coaches. Primary instructional focus is on the development of dribbling, passing, and receiving skills as well as defensive/attacking tactics.

(KID-010)

THURS July 10 – August 14 6:30 – 7:45 PM 6 Classes: \$91 Bldg.: East Middle/Front field

Kids Choice Sports

Kids Choice Sports offers instructional youth sports programs to kids ages 3 - 12. By offering a variety of programs, we give Kids the Choice of many different Sports to try out, in order to find the best fit for them. The skills and rules of each sport that we teach are broken down into simple concepts that are fun to learn and easy to understand. *In addition to this registration process an online waiver must be completed for each registered player. Please go to www.kidschoicesports.com and click on the waiver tab.*

Hot Shots – Introduction to Basketball

Ages 3 – 5. In this parent participation program, boys and girls will learn the basics of the game of basketball. Your child will learn the fundamentals and basic game play while using a lower net and smaller ball. Emphasis will be placed on fun and recreation in this noncompetitive, coed program. A T-shirt is included in program fee. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-011) TUES July 8 – August 5 5:30 – 6:25 PM

5 Classes: \$104 Bldg.: East Senior/Outdoor Basketball Court

Hot Shots – Introduction to Basketball

Ages 5 – 7. Boys and girls will learn the basics of basketball in this fun class! Your child will learn the fundamentals and basic game play while using a lower net and smaller ball. Emphasis will be placed on fun and recreation in this noncompetitive, coed program. This class will include **some parent participation.** A T-shirt is included in program fee. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-012)

TUES July 8 – August 5 6:30 – 7:25pm 5 Classes: \$104 Bldg.: East Senior/Outdoor Basketball Court

Co-Ed Basketball

Ages 8 – 12. This co-ed program encourages boys and girls to learn the basic skills and principles involved in the game of basketball. Skills such as dribbling, passing and shooting will be taught followed by a fun scrimmage. This class will enable kids to become proficient at the game of basketball, build confidence, develop a positive self-image, and, most of all, have fun! Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-013)

TUES July 8 – August 5 7:30 – 8:40pm 5 Classes: \$104 Bldg.: East Senior/Outdoor Basketball Court

Tiny Touchdowns Football (Ages 3-4)

Tiny Touchdowns Football is an exciting co-ed, non-contact program, where you and your child will participate in a variety of football related games and activities. It will cover the basics of football; including passing, catching, and other essential skills. Kids "learn through play" in a social environment while developing motor skills and coordination, building confidence, and creating lasting memories; but most of all, it's FUN! A T-shirt is included in the program fee. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-014) WED July 9 – August 6 5:30 – 6:15 PM 5 Classes: \$104 Bldg.: Northwood Elementary/Field

(KID-023)

SAT July 12 – August 9 11:00 – 11:45 AM 5 Classes: \$104 Bldg.: Winchester-Potters Elementary/Field

Ultimate Frisbee (Ages 5-7 & 7-12)

Ultimate Frisbee is a high energy, non-contact sport where kids pass a flying disc to teammates to score in an end zone. It emphasizes movement, teamwork, and outdoor fun, making it a great fit for beginners and developing players. Skills such as throwing, catching (including the fun clap catch), footwork, basic defense, and communication will be taught in a supportive and active environment. Whether your child is brand new or already loves playing catch, they'll enjoy learning through games and scrimmages. We use lightweight, age-appropriate discs that are easy to throw and non-intimidating for young players. Unlike frisbee golf, this is a fast-paced team sport with constant running, passing, and exciting plays. **Please remember to bring a water bottle**.

(KID-015) Ages 5-7

WED July 9 – August 6 6:20 – 7:15 PM 5 Classes: \$104 Bldg.: Northwood Elementary/Field

(KID-016) Ages 7-12

WED July 9 – August 6 7:20 – 8:30 PM 5 Classes: \$104 Bldg.: Northwood Elementary/Field

Lacrosse

Ages 5-7 and 7-12. In this noncompetitive co-ed program, kids will be taught the basic skills of lacrosse. These skills include scooping, cradling, passing, catching, and shooting. The idea is to have fun and make friends while learning the sport of lacrosse. A modified, non-contact version of lacrosse is played, also known as "Soft Lacrosse". A mouth guard is required. Kids Choice Sports will provide all other equipment. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-017) (ages 5-7)

THURS July 10 – August 7 6:00 – 6:55 PM 5 Classes: \$104 Bldg.: Northwood Elementary/Field

(KID-018) (ages 7-12)

THURS July 10 – August 7 7:00 – 8:10 PM 5 Classes: \$104 Bldg.: Northwood Elementary/Field

Toddler Time Soccer

Ages 2-3. Toddler Time is an exciting playgroup in which a variety of age appropriate props are used. In this unique program, you and your child will participate in a variety of games and activities. Kids "learn through play" in a social environment while developing motor skills and coordination, building confidence and much more! But most of all, it's fun! A T-shirt is included in the program fee. **Please bring a size 3 soccer ball.** Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-019)

SAT July 12 – August 9 9:00 – 9:45 AM 5 Classes: \$104 Bldg.: Winchester Potters Elementary/Field

Little Sluggers - Introduction to Tee Ball

Ages 3-6. This class is perfect for boys and girls who would like to learn the basics of tee ball. In this **parent-participation program**, you and your child will work together on drills to learn catching, fielding, throwing, batting, and running bases. Emphasis will be placed on fun and recreation in this non-competitive, coed program. Ages 3-4 and 5-6 will be grouped separately. A T-shirt is included in the program fee. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-020)

SAT July 12 – August 9 9:55 – 10:50 AM 5 Classes: \$104 Bldg.: Winchester-Potters Elementary/Field

NEW! Tennis

Ages 5-7 or Ages 7-12. Join our engaging tennis program which will involve kids staying active and having fun, while learning essential tennis skills like footwork, serving, and strokes, through exciting games and activities. It's is a great way for young players to develop physical fitness, coordination, and social skills in a supportive environment. Players are required to bring a tennis racket. Due to all classes being held outdoors, players should dress appropriately. Please remember to bring a water bottle.

(KID-021) Ages 5-7

SAT July 12 – August 9 10:00 – 10:45 AM 5 Classes: \$104 Bldg.: East Senior/Outdoor Tennis Courts

(KID-022) Ages 7-12 SAT July 12 – August 9 10:50 – 11:40 AM 5 Classes: \$104 Bldg.: East Senior/Outdoor Tennis Courts

SWIMMING

West Seneca Community Education follows the American Red Cross Levels 1-6 and the Infant and Pre-School program. Instructors are Certified Lifeguards.

Age restrictions apply to levels as listed below. Children <u>MUST BE</u> the minimum age listed by the start of the first class; child's birth date must be included on the registration form.

*All children who are not toilet-trained must wear snug-fitting swim pants while using the pool - NO REGULAR DIAPERS.

*Please change your children's clothes in the locker room, NOT ON THE POOL DECK. If a mat is not available in the locker room to change your child for Aqua Babes or Pre-School Swim please notify the instructor to call the custodian to bring one.

*ONLY <u>ONE</u> PARENT who is accompanying a child into the pool as part of the swim class (Aqua Babes, <u>Preschool) may be in the pool area during lessons.</u> There is <u>NO</u> observation area available, and for the safety of all concerned, parents of children in other levels we ask that all additional family members remain outside the pool area until the last five minutes of class. NO SIBLINGS in the pool area PLEASE! This for the safety of all in the pool and on the deck.

*Children age 5 and above must use the appropriate locker room, not that of the opposite gender. If you need assistance for your child in the locker room, let us know at registration time so we can make alternative arrangements.

AQUA BABES

Introduction to the pool for babies 6 month-3 years old, with a parent/family member in the water, begin learning motor skills, and teaches parents safety techniques. No regular diapers in the pool; children may wear Swim Diapers or a bathing suit.

TODDLER/ PRE-SCHOOL SWIM

For children 3-5 years old, working with a parent in the water. Songs and games, motor skills, safety and rules. Comfort in the pool is stressed.

LEVEL 1- INTRODUCTION TO WATER SKILLS

For children ages 5-7; basic personal water safety information and skills as well as learning to feel comfortable in the water. Begin developing good swimming habits and safe practices in and around the water.

For each following level, student should hold the previous level card, or be able to demonstrate skills from the previous level. Red Cross Cards will be issued after successful completion of Levels 1-6; progress reports will be issued to students who do not receive a card.

(No cards issued for Aqua Babes or Pre-School Swim)

LEVEL 2- FUNDAMENTAL AQUATIC SKILLS

Ages 5+ expands on fundamental aquatic locomotion and safety skills. Learn to float without support and continue to explore simultaneous and alternating arm and leg actions on the front and back to lay the foundation for future strokes.

LEVEL 3- STROKE DEVELOPMENT

Learn the survival float, elementary backstroke, and how to coordinate the front crawl. Introduction to scissors kick, dolphin kick, treading water, and headfirst entry into the pool.

LEVEL 4- STROKE IMPROVEMENT

Develops confidence in strokes and safety skills. Introduces the breaststroke, sidestroke, butterfly, and back crawl, as well as basics of turning at the wall.

LEVEL 5- STROKE REFINEMENT

Coordination and refinement of previous strokes. Participants will increase their distances with each stoke and learn flip turns on their front and back.

LEVEL 6 – SWIMMING AND SKILL PROFICIENCY

Refine strokes so students swim them with more ease, efficiency, power, and smoothness over great distances. Class also covers personal water safety and preparation for more advanced courses (to age 16).

PLEASE NOTE: DISTRICT SWIMMING POOLS ARE MAINTAINED AT 78 – 82 degrees.

Location: TBD - will be held at either East Senior High School (4760 Seneca St) or East Middle School (1445 Center Rd); email notifications will come from commedreg@wscschools.org.

PLEASE – <u>NO EATING</u> at LEAST 30 MINUTES PRIOR TO CLASS!

Note: class times subject to change.

AQUA BABES

(SWM-001) MON 9:00 – 9:30 AM July 7 – July 28 4 Classes: \$32

(SWM-002)

WED 9:00 – 9:30 AM July 9 – July 30 4 Classes: \$32

PRE-SCHOOL BEGINNERS SWIM

(SWM-005) MON 9:40 – 10:10 AM July 7 – July 28 4 Classes: \$32

(SWM-006) WED 9:40 – 10:10 AM July 9– July 30 4 Classes: \$32

AQUA BABES/PRE-SCHOOL SWIM *Combined Class

(SWM-003) TUES 9:00 – 9:30 AM July 8 – July 29 4 Classes: \$32

(SWM-004) THURS 9:00 – 9:30 AM July 10 – July 31 4 Classes: \$32

LEVEL 1

(SWM-007) MON & WED 10:20 – 10:50 AM July 7 – July 30 8 Classes: \$64 (SWM-008) TUES & THURS 10:40 – 11:10 AM July 8 – July 31 8 Classes: \$64

LEVEL 2

(SWM-009) MON & WED 11:35 AM – 12:20 PM July 7 – July 30 8 Classes: \$96

(SWM-010) TUES & THURS 11:55 AM – 12:40 PM July 8 – July 31 8 Classes: \$96

LEVEL 3 & 4

(SWM-011) MON & WED 12:30 – 1:15 PM July 7 – July 30 8 Classes: \$96

(SWM-012) TUES & THURS 12:50 – 1:35 PM July 8 – July 31 8 Classes: \$96

LEVEL 5 & 6

(SWM-013) MON & WED 1:25 – 2:25 PM July 7 – July 30 8 Classes: \$96

(SWM-014) TUES & THURS 1:45 – 2:45 PM July 8 – July 31 8 Classes: \$96

GUARD START Ages 11 – 15. This course serves as an introduction to the Lifeguard Certification Course. Students will learn lifeguarding skills along with improving their swimming techniques for strokes used in the course. Students will train to complete the prerequisites of the lifeguard course and begin lifesaving skills. Course will NOT certify anyone to be a lifeguard.

*Students who register for Level 5 & 6 Swim (SWM-013 & SWM-014) and Guard Start will receive a 50% discount on the <u>Guard Start</u> registration fee

(SWM-015) TUES & THURS 9:40 – 10:30 AM July 8 – July 31 8 Classes: \$96

MUSIC

Beginner Guitar Clinic

Adrienne Farugia

Ages 8-11. We will start with the basics of guitar; learn chords and tablature. Informal performance for parents on 7/31.

(MUS-011)

TUES & THURS July 8 - July 31 9:00 - 11:00am Cost: \$75 Bldg: East Middle/Room 14

Beginner Ukulele Clinic

Adrienne Farugia

We will start with the basics of ukulele; learn chords and strumming patterns. Informal performance for parents on 7/30.

(MUS-010a)

MON & WED July 7 - July 30 9:00 - 10:00am Cost: \$45 Bldg: East Middle/Room 14

(MUS-010b)

MON & WED July 7 - July 30 10:00 – 11:00am Cost: \$45 Bldg: East Middle/Room 14

Walh Performing Arts Studios

2937 Southwestern Blvd. Orchard Park NY 14127 675-7607 David and Katie Walh *No Gold Card discount

Walh Performing Arts Studios is a dance and musical theatre training school. Our faculty consists of collegeeducated professionals with national and international performance credits. All classes will take place at our state-of-the-art facility. Visit <u>www.walhstudios.com</u> for more information!

Princess Camp

Ages 3 – 6. Hear Ye, Hear Ye! Calling all Princesses... Come enjoy the enchantment of the Princess experience! Little girls will celebrate their favorite princesses through games, music, dance, crafts, and lots of fun! Girls are encouraged to dress as their favorite princess for camp. Princess themed activities and snacks provided. Space is limited, so register early to reserve your spot. Your little princess will make memories that will last happily ever after.

(MUS-001)

MON & WED July 7 & 9 10:00 AM – Noon 2 Classes: \$90

Moana Camp

Ages 3 – 6. Adventure is calling, discover your inner hero! Explore exciting activities that bring the spirit of Moana, Maui, the demigods and ancestors to life! Perfect for fans of the beloved movies! Set sail for a summer full of fun, friendship, and unforgettable memories at our Moana-Themed Summer Fun Camp! Snacks provided.

(MUS-002)

TUES & THURS July 8 & 10 10:00 AM – Noon 2 Classes: \$90

Swiftie Camp

Ages 6-12. Calling all Swifties! Celebrate all of the Eras at this camp which is packed with creative activities inspired by Taylor's music and style. Kids will make Swift-inspired crafts and enjoy dancing and singing along to their favorite hits! Snack provided.

(MUS-003)

MON & WED July 14 & 16 10:00 AM – Noon 2 classes: \$90

Tiny Tumblers Camp

Ages 3 – 6. Roll into Summer! Preschoolers can learn the fundamentals of tumbling skills in our Tiny Tumblers Camp. We will work on age-appropriate skills to build goof technique and mechanics towards handstands, rolls, cartwheels, and bridges. Kids will love this summer experience! Class size is limited, so register early to reserve your spot.

(MUS-004)

MON - WED July 14, 15, 16 10:00 AM – 11:00 AM 3 classes: \$80

Acro Camp

Back by popular demand! Students will work on tumbling skills such as cartwheels, handstands, backbends, walkovers, etc. Classes will focus on improving flexibility, strength, balance, and technique, including tumbling skills. *Great with TLT + Tap Camp!

(MUS-005)

Ages 10 – 16 MON – THURS July 7 - 10 9:00 – 10:00 AM 4 Classes: \$90

(MUS-006) Ages 6 – 9 MON – THURS July 14 - 17 9:00 – 10:00 AM 4 Classes: \$90

Turns, Leaps, and Techniques

Soar this summer ... This camp is open to intermediate through advanced dancers. Four days of daily classes that will take each dancer to new heights. Classes will focus on improving dancers' stretch, strength, balance, and technique as well as turning and leaping skills. *Great with Acro Camp+ Tap Camp!

(MUS-007)

Ages 10 – 16 MON – THURS July 7 - 10 10:00 AM – 11:00 AM 4 Classes: \$90

Tap Camp

Ages 10 – 16. Come join us! Tap Camp is open to intermediate through advanced dancers. Four days of daily classes that will focus on rhythm and artistry. Students will work on advanced tap technique, including time steps and turns in the styles of both Broadway and Rhythm tap. *Great with Acro Camp + TLT Camp!

(MUS-008)

MON – THURS July 7 - 10 11:00 AM – Noon 4 Classes: \$90

Glee Camp

Ages 9 – 16. Have fun singing with your friends! Glee Camp is **open to students ages 9-16 who like to sing**. Four days of classes that will focus on the fundamentals of singing and harmonizing through popular and Broadway genres. Students will present a free public performance on July 17th at approximately 2pm.

(MUS-009)

MON – THURS July 14 - 17 9:00 AM – 10:00 AM 4 Classes: \$90